# Hiking Along the Coast: Round Trip to the Petit Minou

# DebConf 25 Day Trip – Option A

The **GR34** is a renowned long-distance hiking trail that traces the entire coastline of Brittany, stretching from **Mont-Saint-Michel** to **Saint-Nazaire**. Originally established in the late 18th century for customs officers to patrol the coast and combat smuggling, the trail—close to the shoreline for the most part of it—offers the region's most scenic sea views.

Conveniently, the GR34 can be accessed via a short 5-minute walk downhill from the DebConf 25 venue.

## About the Day Trip



Participants choosing this day trip will enjoy an easy/moderate 11 km round-trip hike  $(2 \times 5.5 \text{ km})$  along this iconic coastal path. Along the way, you will enjoy magnificent views of the roadstead of Brest, the Goulet de Brest, and the rugged Atlantic coastline.

The highlight of the hike is the visit to the **Petit Minou Lighthouse** (from the outside), a notable lighthouse strategically located at the entrance of the Goulet. Participants will have time to relax at the nearby **Petit Minou beach**, and take a picnic in a unique setting.

The time to get to the Petit Minou obviously depends on the pace, but consider that it would take around 1.5h each way. There are a couple of step stairs along the path, but it remains an easy/moderate hike.

### Food and basics

- · No food will be provided during the hike.
- Participants who have conference-provided meals will receive a **sandwich lunch** before departure, at the venue, to be carried on the hike.
- Everyone is responsible for bringing their own water and any additional snacks or items they may need for the hike and picnic.
- Public toilets are available nearby the beach.
- Link to a graphhopper.com map of the hiking route

#### Schedule

Time	Activity
~09:30 / ~10:00	Meet at the venue (IMT Atlantique) and begin the hike
Morning	Enjoy the hike and scenic views
Midday	Arrive at the Petit Minou lighthouse and beach
Lunch	Picnic and relax time at the beach
~15:00	Begin return hike to the venue

Note: There is no limit on the number of participants nor deadline for this day trip.

**Note:** This is the free (as in beer) version of Option B, with less constraints about schedule, especially for the return trip.

Note on the Petit Minou name: while commonly referred to in French as le Phare du Petit Minou (singular), the name originates from the plural form of min (peak?) in Breton.

Picture of the coastal path by Benjamin Somers (CC BY-NC-SA 4.0) - Map image copyright OpenStreetMap contributors; Openscale.