Hiking Along the Coast: From the venue to the Petit Minou and from la Pointe Saint-Mathieu to Le Conquet

DebConf 25 Day trip - Option B

The **GR34** is a renowned long-distance hiking trail that traces the entire coastline of Brittany, stretching from **Mont-Saint-Michel** to **Saint-Nazaire**. Originally established in the late 18th century for customs officers to patrol the coast and combat smuggling, the trail—close to the shoreline for the most part of it—offers the region's most scenic sea views.

Conveniently, the GR34 can be accessed via a short 5-minute walk downhill from the DebConf 25 venue.

About the Day Trip



Participants choosing this day trip will enjoy an easy/moderate ~11 km trip hike (5.5 km + 5.2 km) along this iconic coastal path. Along the way, you will enjoy magnificent views of the roadstead of Brest, the Goulet de Brest, the Iroise Sea, and the rugged Atlantic coastline.

One of the highlights of the hike is the visit to the **Petit Minou Lighthouse** (from the outside), a notable

lighthouse strategically located at the entrance of the Goulet. Participants will have time to relax at the nearby **Petit Minou beach**, and take a picnic in a unique setting.

From the Petit Minou beach, participants will hop on a bus that will take them to the **Pointe Saint-Mathieu**—where the ruins of an ancient abbey stand beside a lighthouse, overlooking the Iroise Sea. From there, the hike continues to **Le Conquet**, a charming coastal town, known for its port and narrow granite streets.

The time that it takes to walk both of the segments obviously depends on the pace, but consider that it would take around 1.5h each. There are a few step stairs along the path, but it remains an easy/moderate hike.

Food and basics

- · No food will be provided during the hike.
- Participants who have conference-provided meals will receive a **sandwich lunch** before departure, at the venue, to be carried on the hike.
- Everyone is responsible for bringing their own water and any additional snacks or items they may need for the hike and picnic.

Links to graphhopper.com maps:

- From the venue to the Petit Minou
- From the Pointe Saint-Mathieu to le Conquet

Schedule

Time	Activity
~9:30	Meet at the venue (IMT Atlantique)
-	and start walking towards the Petit Minou
13:30	Departure in bus from the Petit Minou Beach to the Pointe Saint-Mathieu
-	Hike from the pointe Saint-Mathieu to le Conquet
_	Free time in le Conquet
16:45	Meet at Place de Manigod - Le Conquet to take the return bus to the venue and camping

Note on the Petit Minou name: while commonly referred to in French as le Phare du Petit Minou (singular), the name originates from the plural form of min (peak?) in Breton.

Note: Option A is the free (as in beer) version of this day trip option. Given the bus transportation, Option B has some more constraints about schedule.

Picture of the coastal path by Benjamin Somers (CC BY-NC-SA 4.0) - Maps image copyright OpenStreetMap contributors; Openscale. Picture of Pointe Saint-Mathieu by Julien Talec (CC BY-SA 3.0). Picture of La « maison du Lion d'Or » du XVIe siècle) by Henri Moreau (CC BY-SA 4.0)